



Presenting "[Reasonably] Honest" 2008

Ben Hammond (BMI Artist)

Genre: Rock / Style: Acoustic Soul-Pop

Seeking performance opportunities, radio exposure and management/distribution possibilities. Available as a soloist or with ensemble.

Location: Maine / Montreal / Florida

Cell: 207-441-9175

Email: me@benhammondmusic.com

Web: www.benhammondmusic.com

Bio/Background Information:

Since graduating in 2006 with a degree in Music Technology from McGill University in Montreal, Ben Hammond has been touring and playing festivals (including the Montreal Jazz Festival) and venues (Montreal's Sala Rossa and Metropolis, Antifolk in New York City, many more). Recent appearances and activities have ranged from tours of his home in rural New England to across the world in New Zealand, composing original songs, and most recently completing his full length studio album "[Reasonably] Honest" with full band and Downbeat Magazine award winning mixer Reuben Ghose. Schooled in jazz, raised on rock, immersed in soul, and fascinated with music the world over, Ben can just as easily be found strumming and singing a ballad as he can live looping an a cappella improvisation of Tuvan throat singing, beatboxing, and harmonized scatting. When performing his composed material, either as a soloist or with his quartet, the music features Ben's engaging, soulful vocals weaved within a framework of genre-shifting instrumentation which provides a platform for contemplative, understated lyrics.

Broadcast/Airplay:

- Live performances on 89.5FM (CIUT Toronto), 90.3FM (CKUT Montreal), and 89.3FM (WHSN Bangor, ME)
- "No History Sessions EP" has received airplay on 93.5FM (WMWV Conway, NH), 95.9FM (WATD Boston, MA),
- "[Reasonably] Honest" brand new released March 2008, already slotted for airplay on 89.3FM (WHSN Bangor, ME), 91.3FM (WUNH Durham, NH), 91.1FM (WMUA Amherst, MA), IndieTalent.ca Web Radio, Martha's Vineyard Web Radio (mvyradio.com),
- Solo concert footage opening for Entrain in Schouler Park featured multiple times on Channel 3 Valley Vision in North Conway, NH.
- Live Performance on CTV in Montreal with Effusion A Cappella

Recording Appearances:

- Ben Hammond "[Reasonably] Honest" 2008
- Ben Hammond "No History Sessions EP" 2006
- Guest on Renee Lee "Maple Groove" 2004 – Justin Time Records
- Effusion A Cappella "Unrestrained" 2006
- Effusion A Cappella "Movin' Away" 2002

Press/Quotes:

- "[This] singer-songwriter does a lot more than just play guitar; he beat boxes, circuit bends and writes damned good songs... his new CD, [Reasonably] Honest, has ten tracks that weave in and out of jazz, rock, reggae, rap and pop while staying true to a sound that is definitely Ben Hammond. [He] sounds, vocally, like Jamie Cullum and John Mayer and has a bouncy guitar style with great backbeats that remind me of Jack Johnson. The thing that sets him apart from those guys is his ability to blur the line between jazz, pop and hip-hop and do it so that it doesn't sound forced." Darryl Gregory at Indie-Music.com

- "These days he works the music circuit ... armed with his acoustic guitar, live- looping vocal percussion ...and his brand of "jazztastic hip folk." I've heard his EP and I'll vouch for him. Hammond's got it going on for sure. What do I mean by "it?" Find out Saturday night". - Aimsel Ponti in the Portland Press Herald

Upcoming Album Release Tour Dates:

- April 11th in Toronto, ON at the Central with Band
- April 12th in Burlington, VT at the Radio Bean
- April 19th in Montreal, QC at the Yellow Door with Band
- April 25th in Cambridge, MA at All Asia with Band
- April 27th in New York, NY at the Sidewalk Café at AntiFolk
- May 11th in Montreal, QC at Casa del Popolo with Band
- May 14th in Montreal, QC w/ Joel Miller at La Salla Rossa
- May 15th in Bucksport, ME w/ Tracy Grammer at Alamo Theater
- May 17th in Norwood, MA at Vegas Lounge
- May 19th in Somerville, MA at the Abbey Lounge with Band
- May 29th in Portland, ME at Blue with Band
- **June 10th in Brownfield, ME at Stone Mountain Arts Center**

Festival Appearances:

- Old Port Fest in Portland, ME
- With Joel Miller Mandala at the Montreal Jazz Festival
- Opened for Entrain at the North Conway Arts in the Park
- Sarasota Arts Day Festival
- Festival 500 in Newfoundland with Bobby McFerrin

Ben Hammond – “[Reasonably] Honest”

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Repertoire:

- Over 25 original songs, two sets of original material.
- Over 250 Pop and Rock Covers ranging from Elvis to Jack Johnson.
- Over 150 Jazz Standards and Latin Classics, from Sinatra to Jobim
- Ability to learn / compose specific material in a huge range of styles.

Fanbase:

- Email mailing list (opted-in) of over 700 people, mainly localized in the Northeast (New England and Montreal region) but ranging from New Zealand to Newfoundland. Over 200 different cities, 32 States and Provinces, in nearly 20 different countries.
- Strong online presence, including average 2,000 unique visitors per month over the past 2 years, large friend/fan rosters on Myspace, Facebook, Bebo, and many more social networking sites.
- Have performed multiple sold-out concerts (100 tickets for solo shows, nearly 400 tickets for show with my former group Effusion)

Personal Discography Info:

- Ben Hammond “[Reasonably] Honest” 2008 – Personally financed and organized, composed and co-produced.
- Ben Hammond “No History Sessions EP” 2006. Sold over 1,000 copies at shows and in local stores.

Awards:

- 2008 Honorable Mention for “Lemme Know” at West Coast Songwriters Songwriting Composition
- 2004 Montreal ICCA Vocal Percussion Award
- 2001 Best Male Vocalist at the Maine State Vocal Jazz Competition
- 2001 Awarded for original composition, adaptation and performance of Fryeburg Academy’s New England Championship winning 1-Act play “Wiley and the Hairy Man”

Other Skills:

- Proficient in C/C++, Java, PHP, HTML/CSS/Javascript.
- Fluent in Finale, Adobe Photoshop, Quicktime Pro, Flash, Microsoft Office, Protools, Max/MSP, Quickbooks and many others. Extensive use of Windows, Macintosh and UNIX systems.
- Creation of digital studio recordings, short films, and DVD authoring.
- High degree of fluency in French.
- Music Instructor with references (Guitar, Bass, Voice, Theory)

Contact:

- Ben Hammond (registered BMI Artist)
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[Reasonably] Honest Track Listing:

1. Let's Get Alone feat. Kweku (3:31)
2. Worst Kind of Perfect (3:19)
3. It's Ok (4:09)
4. Lemme Know (3:28)
5. [interlude] (0:31)
6. Touch (2:43)
7. Start Breathing (5:13)
8. When I'm Supposed To (3:51)
9. Even Though (4:31)
10. Another Friend (4:38)

All Songs © 2008 and composed by Ben Hammond (BMI)
Ben Hammond (guitars, vocals, beatboxing, theremin, sk1)

Rhythm Section:

Nico Dann (drums, vocals, percussion)
Dan Fortin (bass)
Gabe Nespoli (keys, B3 organ, piano)

Also Featuring:

Kweku Sam Kwofie (rap/backing vocals #1, #8, #10)
Zach Finkelstein (backing vocals #2, #8, #10)
Lindsay Hamilton (backing vocals #6, #8, #10)
Gabi Epstein (backing vocals #8, #10)
Scott McGuffin (bodhran #9)
Jon Lindhorst (tenor sax #2)
Maike (trumpets #1, #4)
Mikael Tobias (elec. guitar #7, #10)
Jeremy Cain (elec. guitar #8)
Mick Mendelsohn (elec. guitar /slide #4, #6)

Please view website for lyrics, video and more info.